

## Timeline for Tobacco/Smoke Free CMH

### 2006

#### **January:**

Announcements—internally and externally of intention to become a tobacco/smoke free facility with the opening of the new hospital.

Change in Prescription Drug Benefit program to include coverage for nicotine replacement products.

Initial presentation to managers for the following purposes:

- potential new hires should be told of the policy
- introduction of policy to current team members.

Articles for quarterly newsletters begin.

#### **March:**

Communications and presentations begin to community leaders and groups including:

- City Council
- Chamber of Commerce
- Rotary
- Kiwanis
- Senior Center
- Fire and EMS personnel
- Law Enforcement
- Clinic physicians
- News media
- Ministerial Association
- Churches
- General Community
- Clinical Affiliates
- Vendors
- Volunteers
- Auxiliary and Volunteers
- Visitors
- Other Hospitals

#### **April:**

CEO letter to team members.

Brochures and handouts are printed and available in lobbies.

**May:**

Team member education begins regarding policy.

Team member education regarding available support for team members:

- Smoking Cessation Classes and Information
- Nicotine Replacement Therapy
- Fitness Center
- Dietary Counseling
- Availability of Nicotine Gum

Manager and team member education regarding available support for patients and visitors:

- Assessment of Inpatients
- Nicotine Replacement Therapy
- Free passes to Healthfit
- Availability of Nicotine Gum or Candy at Nursing Station
- Role Playing regarding Non-compliance

**July:**

Smoking cessation classes start quarterly.

Nicotine gum and candy becomes available at the nursing station.

**September:**

Banners announcing Tobacco/Smoke Free Campus are placed on lawn. (To be moved with the opening of the new hospital.)

**October/November:**

Managers remind team members of policy

**December:**

No smoking signs posted.

Ashtrays removed.

Outside of hospital cleaned.

Banner moves outside of new hospital.

Enforcement of policy begins